



3. Schlaubetal-Marathon Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Fritsche, Gerd

Club: Eisenhüttenstadt
Number: 352

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M45

Total time: 1:53:57

Speed: 11.11 km/h
Running performance: 5:24 min/km

Rank in course/Total: 55 (of 133)

Rank in course/Men: 53 (of 99)

Best time in course: 1:22:59

Rank in category: 12(of 19)

Best time in the category: 1:22:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.40	58:30	5:37	12	17:04	58	17:04	10.40	58:30	5:37	6	3:13	10	4:02
Last lap Finish	10.70	55:27	5:10	8	13:54	39	14:20	21.10	1:53:57	5:24	12	30:58	53	30:58