



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Otto, Frank

Club: LSV 69 Eisenhüttenstadt
Number: 360

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M40

Total time: 1:55:04

Speed: 10.95 km/h
Running performance: 5:27 min/km

Rank in course/Total: 57 (of 133)

Rank in course/Men: 54 (of 99)

Best time in course: 1:22:59

Rank in category: 12(of 21)

Best time in the category: 1:27:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.40	57:13	5:30	12	14:00	56	15:47	10.40	57:13	5:30	7	3:14	9	2:45
Last lap Finish	10.70	57:51	5:24	12	14:07	53	16:44	21.10	1:55:04	5:27	12	27:52	54	32:05