



3. Schlaubetal-Marathon
Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Berg, Christian

Club: Team belüsa
Number: 371

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M45

Total time: 1:55:20

Speed: 10.98 km/h
Running performance: 5:28 min/km

Rank in course/Total: 58 (of 133)

Rank in course/Men: 55 (of 99)

Best time in course: 1:22:59

Rank in category: 13(of 19)

Best time in the category: 1:22:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.40	59:22	5:42	13	17:56	63	17:56	10.40	59:22	5:42	17	4:05	84	4:54
Last lap Finish	10.70	55:58	5:13	12	14:25	46	14:51	21.10	1:55:20	5:27	13	32:21	55	32:21