



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Heine, Andreas

Club: Berlin
Number: 312

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M50

Total time: 1:57:59

Speed: 10.68 km/h
Running performance: 5:35 min/km

Rank in course/Total: 60 (of 133)

Rank in course/Men: 57 (of 99)

Best time in course: 1:22:59

Rank in category: 3(of 8)

Best time in the category: 1:45:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.40	55:14	5:18	4	3:40	45	13:48	10.40	55:14	5:18	3	3:40	7	0:46
Last lap Finish	10.70	1:02:45	5:51	5	8:55	71	21:38	21.10	1:57:59	5:35	3	12:21	57	35:00