



3. Schlaubetal-Marathon
Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Kilian, Nico

Club: Potsdam
Number: 443

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M30

Total time: 1:58:05

Speed: 10.72 km/h
Running performance: 5:36 min/km

Rank in course/Total: 61 (of 133)

Rank in course/Men: 58 (of 99)

Best time in course: 1:22:59

Rank in category: 5(of 10)

Best time in the category: 1:35:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.40	1:00:04	5:46	7	11:20	72	18:38	10.40	1:00:04	5:46	8	11:20	87	5:36
Last lap Finish	10.70	58:01	5:25	5	11:07	54	16:54	21.10	1:58:05	5:35	5	22:27	58	35:06