



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Schöke, Karsten

Club: crazy elephants
Number: 341

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M40

Total time: 1:59:14

Speed: 10.62 km/h
Running performance: 5:39 min/km

Rank in course/Total: 65 (of 133)

Rank in course/Men: 62 (of 99)

Best time in course: 1:22:59

Rank in category: 14(of 21)

Best time in the category: 1:27:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.40	57:44	5:33	13	14:31	57	16:18	10.40	57:44	5:33	6	3:45	5	3:16
Last lap Finish	10.70	1:01:30	5:44	15	17:46	66	20:23	21.10	1:59:14	5:39	14	32:02	62	36:15