



3. Schlaubetal-Marathon Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Witthuhn, Uwe

Club: crazy elephants
Number: 342

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M45

Total time: 1:59:15

Speed: 10.62 km/h
Running performance: 5:39 min/km

Rank in course/Total: 66 (of 133)

Rank in course/Men: 63 (of 99)

Best time in course: 1:22:59

Rank in category: 15(of 19)

Best time in the category: 1:22:59

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------------|-------|-------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Lap 1 | 10.40 | 59:52 | 5:45 | 15 | 18:26 | 68 | 18:26 | 10.40 | 59:52 | 5:45 | 4 | 4:35 | 4 | 5:24 |
| Last lap Finish | 10.70 | 59:23 | 5:32 | 16 | 17:50 | 58 | 18:16 | 21.10 | 1:59:15 | 5:39 | 15 | 36:16 | 63 | 36:16 |