



3. Schlaubetal-Marathon  
Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Witthuhn, Uwe

Club: crazy elephants  
Number: 342

Course: 21.10 km  
Cross-Halbmarathon

Category:  
Männer M45

Total time: 1:59:15

Speed: 10.57 km/h  
Running performance: 5:39 min/km

Rank in course/Total: 66 (of 133)

Rank in course/Men: 63 (of 99)

Best time in course: 1:22:59

Rank in category: 15(of 19)

Best time in the category: 1:22:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.40	59:52	5:45	15	18:26	68	18:26	10.40	59:52	5:45	4	4:35	4	5:24
Last lap Finish	10.70	59:23	5:32	16	17:50	58	18:16	21.10	1:59:15	5:39	15	36:16	63	36:16