



3. Schlaubetal-Marathon Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Kusnick, Jörg

Club: Frankfurt (Oder)

Number: 374

Course: 21.10 km

Cross-Halbmarathon

Category:

Männer M45

Total time: 2:00:42

Speed: 10.44 km/h

Running performance: 5:43 min/km

Rank in course/Total: 71 (of 133)

Rank in course/Men: 68 (of 99)

Best time in course: 1:22:59

Rank in category: 16(of 19)

Best time in the category: 1:22:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.40	1:04:51	6:14	18	23:25	82	23:25	10.40	1:04:51	6:14	3	9:34	11	10:23
Last lap Finish	10.70	55:51	5:13	11	14:18	45	14:44	21.10	2:00:42	5:43	16	37:43	68	37:43