



3. Schlaubetal-Marathon Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Bartkowski, Manuel

Club: Hoppegarten

Number: 449

Course: 21.10 km

Cross-Halbmarathon

Category:

Männer M30

Total time: 2:00:44

Speed: 10.44 km/h

Running performance: 5:43 min/km

Rank in course/Total: 72 (of 133)

Rank in course/Men: 69 (of 99)

Best time in course: 1:22:59

Rank in category: 6(of 10)

Best time in the category: 1:35:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.40	56:54	5:28	4	8:10	54	15:28	10.40	56:54	5:28	5	8:10	40	2:26
Last lap Finish	10.70	1:03:50	5:57	8	16:56	75	22:43	21.10	2:00:44	5:43	6	25:06	69	37:45