



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Müller, Steffen

Club: Eisenhüttenstadt
Number: 358

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M40

Total time: 2:03:25

Speed: 10.26 km/h
Running performance: 5:51 min/km

Rank in course/Total: 80 (of 133)

Rank in course/Men: 76 (of 99)

Best time in course: 1:22:59

Rank in category: 16(of 21)

Best time in the category: 1:27:12

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.40	59:39	5:44	14	16:26	65	18:13	10.40	59:39	5:44	5	5:40	37	5:11
Last lap Finish	10.70	1:03:46	5:57	17	20:02	74	22:39	21.10	2:03:25	5:50	16	36:13	76	40:26