



### 3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

#### Detailed evaluation

**Poulsen, Grethe**

Club: Saltum Trim  
Number: 430

Course: 21.10 km  
Cross-Halbmarathon

Category:  
Frauen W50

Total time: 2:04:06

Speed: 10.15 km/h  
Running performance: 5:53 min/km

Rank in course/Total: 82 (of 133)

Rank in course/Women: 6 (of 34)

Best time in course: 1:46:34

Rank in category: 1(of 8)

Best time in the category: 2:04:06

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.40	1:01:38	5:55	2	1:13	7	7:04	10.40	1:01:38	5:55	1	-	18	7:03
Last lap Finish	10.70	1:02:28	5:50	1	-	6	10:28	21.10	2:04:06	5:52	1	-	6	17:32