



### 3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

#### Detailed evaluation

Jacobsen, Birger

Club: Skagen  
Number: 309

Course: 21.10 km  
Cross-Halbmarathon

Category:  
Männer M55

Total time: 2:04:10

Speed: 10.20 km/h  
Running performance: 5:53 min/km

Rank in course/Total: 83 (of 133)

Rank in course/Men: 77 (of 99)

Best time in course: 1:22:59

Rank in category: 10(of 10)

Best time in the category: 1:27:54

#### Intermediate times

#### Stage score

#### Total ranking

| Control         | Split | Split   | Split  | Pos  | Behind | Pos | Behind | Total | Total   | Total  | Pos  | Behind | Pos | Behind |
|-----------------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
|                 | km    | Time    | min/km | Cat. | Cat.   | Men | Men    | km    | Time    | min/km | Cat. | Cat.   | Men | Men    |
| Lap 1           | 10.40 | 59:09   | 5:41   | 7    | 16:11  | 61  | 17:43  | 10.40 | 59:09   | 5:41   | 7    | 16:11  | 82  | 4:41   |
| Last lap Finish | 10.70 | 1:05:01 | 6:04   | 7    | 20:05  | 80  | 23:54  | 21.10 | 2:04:10 | 5:53   | 10   | 36:16  | 77  | 41:11  |