



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Jacobsen, Birger

Club: Skagen
Number: 309

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M55

Total time: 2:04:10

Speed: 10.15 km/h
Running performance: 5:53 min/km

Rank in course/Total: 83 (of 133)

Rank in course/Men: 77 (of 99)

Best time in course: 1:22:59

Rank in category: 10(of 10)

Best time in the category: 1:27:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.40	59:09	5:41	7	16:11	61	17:43	10.40	59:09	5:41	7	16:11	82	4:41
Last lap Finish	10.70	1:05:01	6:04	7	20:05	80	23:54	21.10	2:04:10	5:53	10	36:16	77	41:11