



### 3. Schlaubetal-Marathon Eisenhüttenstadt / 17.10.2009

#### Detailed evaluation

**Protz, Alexander**

Club: Birkenwerder  
Number: 421

Course: 21.10 km  
Cross-Halbmarathon

Category:  
Männer M30

Total time: 2:05:01

Speed: 10.08 km/h  
Running performance: 5:55 min/km

Rank in course/Total: 85 (of 133)

Rank in course/Men: 78 (of 99)

Best time in course: 1:22:59

Rank in category: 8(of 10)

Best time in the category: 1:35:38

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.40	1:03:06	6:04	9	14:22	78	21:40	10.40	1:03:06	6:04	10	14:22	93	8:38
Last lap Finish	10.70	1:01:55	5:47	6	15:01	68	20:48	21.10	2:05:01	5:55	8	29:23	78	42:02