



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Protz, Alexander

Club: Birkenwerder
Number: 421

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M30

Total time: 2:05:01

Speed: 10.08 km/h
Running performance: 5:55 min/km

Rank in course/Total: 85 (of 133)

Rank in course/Men: 78 (of 99)

Best time in course: 1:22:59

Rank in category: 8(of 10)

Best time in the category: 1:35:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.40	1:03:06	6:04	9	14:22	78	21:40	10.40	1:03:06	6:04	10	14:22	93	8:38
Last lap Finish	10.70	1:01:55	5:47	6	15:01	68	20:48	21.10	2:05:01	5:55	8	29:23	78	42:02