



### 3. Schlaubetal-Marathon Eisenhüttenstadt / 17.10.2009

#### Detailed evaluation

**Sandke, Hans-Werner**

Club: Eisenhüttenstadt  
Number: 403

Course: 21.10 km  
Cross-Halbmarathon

Category:  
Männer M50

Total time: 2:10:42

Speed: 9.64 km/h  
Running performance: 6:11 min/km

Rank in course/Total: 95 (of 133)

Rank in course/Men: 83 (of 99)

Best time in course: 1:22:59

Rank in category: 8(of 8)

Best time in the category: 1:45:38

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.40	1:06:11	6:21	8	14:37	85	24:45	10.40	1:06:11	6:21	8	14:37	97	11:43
Last lap Finish	10.70	1:04:31	6:01	7	10:41	79	23:24	21.10	2:10:42	6:11	8	25:04	83	47:43