



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Marowsky, Lars

Club: Sectra, Aachen
Number: 316

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M35

Total time: 2:10:51

Speed: 9.63 km/h
Running performance: 6:12 min/km

Rank in course/Total: 97 (of 133)

Rank in course/Men: 85 (of 99)

Best time in course: 1:22:59

Rank in category: 7(of 7)

Best time in the category: 1:35:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.40	1:06:49	6:25	7	18:34	86	25:23	10.40	1:06:49	6:25	7	18:34	33	12:21
Last lap Finish	10.70	1:04:02	5:59	7	17:00	77	22:55	21.10	2:10:51	6:12	7	35:34	85	47:52