



3. Schlaubetal-Marathon Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Planeta, Jens

Club: crazy elephants
Number: 340

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M40

Total time: 2:11:06

Speed: 9.61 km/h
Running performance: 6:13 min/km

Rank in course/Total: 98 (of 133)

Rank in course/Men: 86 (of 99)

Best time in course: 1:22:59

Rank in category: 18(of 21)

Best time in the category: 1:27:12

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.40	1:02:09	5:58	16	18:56	76	20:43	10.40	1:02:09	5:58	19	8:10	91	7:41
Last lap Finish	10.70	1:08:57	6:26	18	25:13	85	27:50	21.10	2:11:06	6:12	18	43:54	86	48:07