



### 3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

#### Detailed evaluation

**Mai, Torsten**

Club: Blankenfelde  
Number: 383

Course: 21.10 km  
Cross-Halbmarathon

Category:  
Männer M45

Total time: 2:13:20

Speed: 9.45 km/h  
Running performance: 6:19 min/km

Rank in course/Total: 104 (of 133)

Rank in course/Men: 87 (of 99)

Best time in course: 1:22:59

Rank in category: 18(of 19)

Best time in the category: 1:22:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.40	1:04:23	6:11	17	22:57	81	22:57	10.40	1:04:23	6:11	19	9:06	96	9:55
Last lap Finish	10.70	1:08:57	6:26	18	27:24	85	27:50	21.10	2:13:20	6:19	18	50:21	87	50:21