



3. Schlaubetal-Marathon Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Thurau, Karin

Club: BSG Pneumant Fürstenwalde
Number: 347

Course: 21.10 km
Cross-Halbmarathon

Category:
Frauen W45

Total time: 2:15:54

Speed: 9.32 km/h
Running performance: 6:26 min/km

Rank in course/Total: 109 (of 133)

Rank in course/Women: 21 (of 34)

Best time in course: 1:46:34

Rank in category: 2 (of 3)

Best time in the category: 1:54:37

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	10.40	1:06:03	6:21	2	9:12	17	11:29	10.40	1:06:03	6:21	3	9:12	30	11:28
Last lap Finish	10.70	1:09:51	6:31	2	12:05	21	17:51	21.10	2:15:54	6:26	2	21:17	21	29:20