



### 3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

#### Detailed evaluation

**Gamst, Andreas**

Club: Meckenheim  
Number: 445

Course: 21.10 km  
Cross-Halbmarathon

Category:  
Männer M60

Total time: 2:21:23

Speed: 8.95 km/h  
Running performance: 6:42 min/km

Rank in course/Total: 114 (of 133)

Rank in course/Men: 91 (of 99)

Best time in course: 1:22:59

Rank in category: 3(of 3)

Best time in the category: 1:35:30

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.40	1:12:21	6:57	3	25:21	94	30:55	10.40	1:12:21	6:57	3	25:21	29	17:53
Last lap Finish	10.70	1:09:02	6:27	2	20:32	87	27:55	21.10	2:21:23	6:42	3	45:53	91	58:24