



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Gehrmann, Susanne

Club: Eisenhüttenstadt
Number: 351

Course: 21.10 km
Cross-Halbmarathon

Category:
Frauen W40

Total time: 2:29:33

Speed: 8.43 km/h
Running performance: 7:05 min/km

Rank in course/Total: 123 (of 133)

Rank in course/Women: 28 (of 34)

Best time in course: 1:46:34

Rank in category: 6(of 7)

Best time in the category: 1:47:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.40	1:12:50	7:00	6	18:15	29	18:16	10.40	1:12:50	7:00	4	18:15	8	18:15
Last lap Finish	10.70	1:16:43	7:10	5	24:15	25	24:43	21.10	2:29:33	7:05	6	42:30	28	42:59