



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Biemann, Kerstin

Club: 100 Marathon Club
Number: 401

Course: 21.10 km
Cross-Halbmarathon

Category:
Frauen W45

Total time: 2:32:43

Speed: 8.25 km/h
Running performance: 7:14 min/km

Rank in course/Total: 125 (of 133)

Rank in course/Women: 30 (of 34)

Best time in course: 1:46:34

Rank in category: 3(of 3)

Best time in the category: 1:54:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.40	1:12:11	6:56	3	15:20	28	17:37	10.40	1:12:11	6:56	2	15:20	6	17:36
Last lap Finish	10.70	1:20:32	7:31	3	22:46	30	28:32	21.10	2:32:43	7:14	3	38:06	30	46:09