



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Jacobsen, Lene

Club: Skagen
Number: 308

Course: 21.10 km
Cross-Halbmarathon

Category:
Frauen W55

Total time: 2:38:32

Speed: 7.95 km/h
Running performance: 7:31 min/km

Rank in course/Total: 127 (of 133)

Rank in course/Women: 31 (of 34)

Best time in course: 1:46:34

Rank in category: 2(of 3)

Best time in the category: 2:28:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.40	1:15:12	7:13	2	6:41	31	20:38	10.40	1:15:12	7:13	2	6:41	5	20:37
Last lap Finish	10.70	1:23:20	7:47	2	3:13	32	31:20	21.10	2:38:32	7:30	2	9:54	31	51:58