



3. Schlaubetal-Marathon Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Miksa, Marcus

Club: Eisenhüttenstadt
Number: 303

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M20

Total time: 2:39:53

Speed: 7.88 km/h
Running performance: 7:35 min/km

Rank in course/Total: 130 (of 133)

Rank in course/Men: 97 (of 99)

Best time in course: 1:22:59

Rank in category: 13(of 14)

Best time in the category: 1:23:07

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.40	1:17:19	7:26	14	35:19	97	35:53	10.40	1:17:19	7:26	12	35:19	24	22:51
Last lap Finish	10.70	1:22:34	7:42	13	41:27	96	41:27	21.10	2:39:53	7:34	13	1:16:46	97	1:16:54