



3. Schlaubetal-Marathon Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Kaiser, Katrin

Club: Wasserwanderfreunde Groß-Lindow
Number: 1307

Course: 21.10 km
Halbmarathon Nordic-Walking

Category:
Nordic-Walking Frauen

Total time: 2:53:42

Speed: 7.25 km/h
Running performance: 8:14 min/km

Rank in course/Total: 2 (of 8)
Rank in course/Women: 1 (of 5)
Best time in course: 2:53:42

Rank in category: 1(of 5)
Best time in the category: 2:53:42

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.40	1:26:53	8:21	1	-	1	-	10.40	1:26:53	8:21	1	-	1	-
Last lap Finish	10.70	1:26:49	8:06	1	-	1	-	21.10	2:53:42	8:13	1	-	1	-