



### 3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

#### Detailed evaluation

Goldammer, Klaus

Club: OSC Berlin

Number: 717

Course: 43.50 km

Marathon

Category:

Männer M55

Total time: 3:10:17

Speed: 13.56 km/h

Running performance: 4:22 min/km

Rank in course/Total: 1 (of 105)

Rank in course/Men: 1 (of 92)

Best time in course: 3:10:17

Rank in category: 1(of 13)

Best time in the category: 3:10:17

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
								km	Time	min/km	Pos	Behind	Pos				
Lap 1	11.60	46:26	4:00	1	-	2	0:54	11.60	46:26	4:00	1	-	59				
Lap 2	18.80	1:20:16	4:16	1	-	3	19:36	30.40	2:06:42	4:10	1	-	17				
Last lap Finish	13.10	1:03:35	4:51	1	-	2	0:57	43.50	3:10:17	4:22	1	-	1				