



### 3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

#### Detailed evaluation

Laurisch, Liane

Club: Eisenhüttenstadt  
Number: 1305

Course: 21.10 km  
Halbmarathon Nordic-Walking

Category:  
Nordic-Walking Frauen

Total time: 3:21:50

Speed: 6.24 km/h  
Running performance: 9:34 min/km

Rank in course/Total: 6 (of 8)  
Rank in course/Women: 4 (of 5)  
Best time in course: 2:53:42

Rank in category: 4(of 5)  
Best time in the category: 2:53:42

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.40	1:41:30	9:45	5	14:37	5	14:37	10.40	1:41:30	9:45	4	14:37	4	14:37
Last lap Finish	10.70	1:40:20	9:22	3	13:31	3	13:31	21.10	3:21:50	9:33	4	28:08	4	28:08