



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Hensel, Margot

Club: Eisenhüttenstadt
Number: 1302

Course: 21.10 km
Halbmarathon Nordic-Walking

Category:
Nordic-Walking Frauen

Total time: 3:21:52

Speed: 6.24 km/h
Running performance: 9:34 min/km

Rank in course/Total: 8 (of 8)
Rank in course/Women: 5 (of 5)
Best time in course: 2:53:42

Rank in category: 5(of 5)
Best time in the category: 2:53:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.40	1:41:28	9:45	4	14:35	4	14:35	10.40	1:41:28	9:45	5	14:35	5	14:35
Last lap Finish	10.70	1:40:24	9:22	5	13:35	5	13:35	21.10	3:21:52	9:34	5	28:10	5	28:10