



### 3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

#### Detailed evaluation

**Pohle, Hans-Joachim**

Club: LG Vetschau  
Number: 636

Course: 43.50 km  
Marathon

Category:  
Männer M50

Total time: 3:47:39

Speed: 11.33 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 14 (of 105)

Rank in course/Men: 14 (of 92)

Best time in course: 3:10:17

Rank in category: 3(of 11)

Best time in the category: 3:11:59

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	56:01	4:49	4	10:29	21	10:29	11.60	56:01	4:49	3	10:29	47	
Lap 2	18.80	1:36:01	5:06	4	35:21	21	35:21	30.40	2:32:02	5:00	3	25:17	43	
Last lap Finish	13.10	1:15:37	5:46	3	10:23	15	12:59	43.50	3:47:39	5:14	3	35:40	14	37:22