



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Schulz, Thomas

Club: TV Fürstenwalde 1990 e.V.
Number: 685

Course: 43.50 km
Marathon

Category:
Männer M40

Total time: 3:53:58

Speed: 11.03 km/h
Running performance: 5:23 min/km

Rank in course/Total: 21 (of 105)

Rank in course/Men: 20 (of 92)

Best time in course: 3:10:17

Rank in category: 4(of 23)

Best time in the category: 3:17:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	54:23	4:41	4	7:20	18	8:51	11.60	54:23	4:41	13		41	
Lap 2	18.80	1:36:48	5:08	6	32:43	22	36:08	30.40	2:31:11	4:58	20		49	
Last lap Finish	13.10	1:22:47	6:19	6	20:09	28	20:09	43.50	3:53:58	5:22	4	36:05	20	43:41