



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Radzuweit, Thomas

Club: 100 Marathon Club
Number: 637

Course: 43.50 km
Marathon

Category:
Männer M40

Total time: 3:57:04

Speed: 10.88 km/h
Running performance: 5:27 min/km

Rank in course/Total: 24 (of 105)

Rank in course/Men: 23 (of 92)

Best time in course: 3:10:17

Rank in category: 5(of 23)

Best time in the category: 3:17:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	56:51	4:54	6	9:48	26	11:19	11.60	56:51	4:54	12		39	
Lap 2	18.80	1:43:09	5:29	7	39:04	31	42:29	30.40	2:40:00	5:15	19		46	
Last lap Finish	13.10	1:17:04	5:52	4	14:26	17	14:26	43.50	3:57:04	5:26	5	39:11	23	46:47