



### 3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

#### Detailed evaluation

**Skeries, Alexandra**

Club: BSG Pneumant Fürstenwalde  
Number: 623

Course: 43.50 km  
Marathon

Category:  
Frauen W30

Total time: 4:08:59

Speed: 10.48 km/h  
Running performance: 5:43 min/km

Rank in course/Total: 36 (of 105)

Rank in course/Women: 3 (of 13)

Best time in course: 3:53:29

Rank in category: 1(of 1)

Best time in the category: 4:08:59

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	58:36	5:03	1	-	3	3:11	11.60	58:36	5:03	1	-	3	1:39
Lap 2	18.80	1:46:51	5:41	1	-	3	6:58	30.40	2:45:27	5:26	1	-	3	8:29
Last lap Finish	13.10	1:23:32	6:22	1	-	2	7:01	43.50	4:08:59	5:43	1	-	3	15:30