



### 3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

#### Detailed evaluation

**Kahle-Böhlig, Jens**

Club: LTSV Forst  
Number: 682

Course: 43.50 km  
Marathon

Category:  
Männer M40

Total time: 4:14:06

Speed: 10.15 km/h  
Running performance: 5:50 min/km

Rank in course/Total: 45 (of 105)

Rank in course/Men: 41 (of 92)

Best time in course: 3:10:17

Rank in category: 10(of 23)

Best time in the category: 3:17:53

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:02:15	5:21	13	15:12	49	16:43	11.60	1:02:15	5:21	19	1:48	78	
Lap 2	18.80	1:46:55	5:41	10	42:50	41	46:15	30.40	2:49:10	5:33	14	0:49	68	
Last lap Finish	13.10	1:24:56	6:29	9	22:18	35	22:18	43.50	4:14:06	5:50	10	56:13	41	1:03:49