



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Stockmeier, Jörg

Club: Landesbank Berlin
Number: 689

Course: 43.50 km
Marathon

Category:
Männer M40

Total time: 4:42:00

Speed: 9.15 km/h
Running performance: 6:29 min/km

Rank in course/Total: 70 (of 105)

Rank in course/Men: 65 (of 92)

Best time in course: 3:10:17

Rank in category: 17(of 23)

Best time in the category: 3:17:53

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	11.60	1:11:28	6:09	21	24:25	80	25:56	11.60	1:11:28	6:09	7	11:01	7	6:49
Lap 2	18.80	1:59:17	6:20	18	55:12	67	58:37	30.40	3:10:45	6:16	8	22:24	6	17:03
Last lap Finish	13.10	1:31:15	6:57	11	28:37	46	28:37	43.50	4:42:00	6:28	17	1:24:07	65	1:31:43