



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Woldach, Detlef

Club: Herzschriftmacher Berlin
Number: 714

Course: 43.50 km
Marathon

Category:
Männer M55

Total time: 4:42:00

Speed: 9.15 km/h
Running performance: 6:29 min/km

Rank in course/Total: 71 (of 105)

Rank in course/Men: 66 (of 92)

Best time in course: 3:10:17

Rank in category: 6(of 13)

Best time in the category: 3:10:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	11.60	1:11:25	6:09	8	24:59	79	25:53	11.60	1:11:25	6:09	4	24:59	6	6:46
Lap 2	18.80	1:59:21	6:20	6	39:05	68	58:41	30.40	3:10:46	6:16	5	1:04:04	5	17:04
Last lap Finish	13.10	1:31:14	6:57	4	27:39	45	28:36	43.50	4:42:00	6:28	6	1:31:43	65	1:31:43