



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Kriese, Matthias

Club: Dresden
Number: 641

Course: 43.50 km
Marathon

Category:
Männer M30

Total time: 4:50:34

Speed: 8.88 km/h
Running performance: 6:41 min/km

Rank in course/Total: 74 (of 105)

Rank in course/Men: 67 (of 92)

Best time in course: 3:10:17

Rank in category: 7(of 8)

Best time in the category: 3:48:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:05:24	5:38	7	11:55	66	19:52	11.60	1:05:24	5:38	8	11:55	87	0:45
Lap 2	18.80	2:01:50	6:28	7	27:16	70	1:01:10	30.40	3:07:14	6:09	8	38:38	92	13:32
Last lap Finish	13.10	1:43:20	7:53	7	28:59	69	40:42	43.50	4:50:34	6:40	7	1:02:00	67	1:40:17