



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Köppen, Sven

Club: Frankfurt (Oder)
Number: 652

Course: 43.50 km
Marathon

Category:
Männer M35

Total time: 4:51:30

Speed: 8.85 km/h
Running performance: 6:42 min/km

Rank in course/Total: 76 (of 105)

Rank in course/Men: 68 (of 92)

Best time in course: 3:10:17

Rank in category: 8(of 8)

Best time in the category: 3:30:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:10:45	6:05	8	21:44	77	25:13	11.60	1:10:45	6:05	6	21:44	5	6:06
Lap 2	18.80	2:01:46	6:28	8	33:19	69	1:01:06	30.40	3:12:31	6:19	8	55:03	4	18:49
Last lap Finish	13.10	1:38:59	7:33	8	25:55	65	36:21	43.50	4:51:30	6:42	8	1:20:58	68	1:41:13