



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Halbmeyer, Ute

Club: Berlin
Number: 687

Course: 43.50 km
Marathon

Category:
Frauen W40

Total time: 4:55:15

Speed: 8.74 km/h
Running performance: 6:47 min/km

Rank in course/Total: 79 (of 105)

Rank in course/Women: 9 (of 13)

Best time in course: 3:53:29

Rank in category: 3(of 4)

Best time in the category: 4:34:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	1:11:52	6:11	3	6:32	10	16:27	11.60	1:11:52	6:11	2	3:58	5	14:55
Lap 2	18.80	2:08:15	6:49	3	12:40	10	28:22	30.40	3:20:07	6:34	2	16:38	7	43:09
Last lap Finish	13.10	1:35:08	7:15	2	4:21	6	18:37	43.50	4:55:15	6:47	3	20:59	9	1:01:46