



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Meinhold, Günter

Club: 100 Marathon Club
Number: 712

Course: 43.50 km
Marathon

Category:
Männer M55

Total time: 4:55:49

Speed: 8.82 km/h
Running performance: 6:48 min/km

Rank in course/Total: 81 (of 105)

Rank in course/Men: 71 (of 92)

Best time in course: 3:10:17

Rank in category: 7(of 13)

Best time in the category: 3:10:17

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Men	Men			km	Time	
Lap 1	11.60	1:12:14	6:13	9	25:48	81	26:42	11.60	1:12:14	6:13	5	25:48	2	7:35
Lap 2	18.80	2:08:01	6:48	8	47:45	76	1:07:21	30.40	3:20:15	6:35	6	1:13:33	2	26:33
Last lap Finish	13.10	1:35:34	7:17	6	31:59	57	32:56	43.50	4:55:49	6:48	7	1:45:32	71	1:45:32