



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Cser, Istvan

Club: LiSV Forst
Number: 716

Course: 43.50 km
Marathon

Category:
Männer M55

Total time: 5:00:21

Speed: 8.59 km/h
Running performance: 6:54 min/km

Rank in course/Total: 84 (of 105)

Rank in course/Men: 74 (of 92)

Best time in course: 3:10:17

Rank in category: 8(of 13)

Best time in the category: 3:10:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:16:45	6:36	12	30:19	88	31:13	11.60	1:16:45	6:36	6	30:19	36	12:06
Lap 2	18.80	2:07:34	6:47	7	47:18	75	1:06:54	30.40	3:24:19	6:43	7	1:17:37	41	30:37
Last lap Finish	13.10	1:36:02	7:19	8	32:27	60	33:24	43.50	5:00:21	6:54	8	1:50:04	74	1:50:04