



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Liedtke, Klaus

Club: Podelzig
Number: 678

Course: 43.50 km
Marathon

Category:
Männer M55

Total time: 5:06:48

Speed: 8.41 km/h
Running performance: 7:03 min/km

Rank in course/Total: 88 (of 105)

Rank in course/Men: 78 (of 92)

Best time in course: 3:10:17

Rank in category: 10(of 13)

Best time in the category: 3:10:17

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	11.60	1:04:50	5:35	5	18:24	59	19:18	11.60	1:04:50	5:35	8	18:24	33	0:11
Lap 2	18.80	2:11:32	6:59	10	51:16	80	1:10:52	30.40	3:16:22	6:27	9	1:09:40	37	22:40
Last lap Finish	13.10	1:50:26	8:25	12	46:51	80	47:48	43.50	5:06:48	7:03	10	1:56:31	78	1:56:31