



### 3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

#### Detailed evaluation

**Meyer, Hans-Joachim**

Club: 100 Marathon Club  
Number: 630

Course: 43.50 km  
Marathon

Category:  
Männer M70

Total time: 5:12:01

Speed: 8.27 km/h  
Running performance: 7:10 min/km

Rank in course/Total: 93 (of 105)

Rank in course/Men: 82 (of 92)

Best time in course: 3:10:17

Rank in category: 1(of 1)

Best time in the category: 5:12:01

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	11.60	1:13:28	6:20	1	-	82	27:56	11.60	1:13:28	6:20	1	-	20	8:49
Lap 2	18.80	2:13:58	7:07	1	-	87	1:13:18	30.40	3:27:26	6:49	1	-	22	33:44
Last lap Finish	13.10	1:44:35	7:59	1	-	70	41:57	43.50	5:12:01	7:10	1	-	82	2:01:44