



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Nettelbeck, Torsten

Club: Mückendorf
Number: 625

Course: 43.50 km
Marathon

Category:
Männer M20

Total time: 5:13:28

Speed: 8.23 km/h
Running performance: 7:13 min/km

Rank in course/Total: 94 (of 105)

Rank in course/Men: 83 (of 92)

Best time in course: 3:10:17

Rank in category: 8(of 9)

Best time in the category: 3:23:53

Intermediate times

Stage score

Total ranking

| Control | Split | | Pos | Behind | Pos | | Total | Total | Total | Pos | Behind | Pos | Behind | |
|-----------------|-------|---------|------|--------|--------|------|---------|-------|---------|------|--------|---------|--------|---------|
| | km | Time | | | min/km | Cat. | | | | | | | | Cat. |
| Lap 1 | 11.60 | 1:02:26 | 5:22 | 6 | 15:55 | 51 | 16:54 | 11.60 | 1:02:26 | 5:22 | 8 | 15:55 | 80 | |
| Lap 2 | 18.80 | 2:11:00 | 6:58 | 8 | 45:52 | 79 | 1:10:20 | 30.40 | 3:13:26 | 6:21 | 7 | 59:54 | 32 | 19:44 |
| Last lap Finish | 13.10 | 2:00:02 | 9:09 | 8 | 53:06 | 86 | 57:24 | 43.50 | 5:13:28 | 7:12 | 8 | 1:49:35 | 83 | 2:03:11 |