



3. Schlaubetal-Marathon  
Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Ledwig, Robert

Club: CfL Berlin

Number: 158

Course: 10.00 km

10 km Lauf

Category:

Männer M20

Total time: 36:48

Speed: 16.30 km/h

Running performance: 3:41 min/km

Rank in course/Total: 4 (of 95)

Rank in course/Men: 4 (of 52)

Best time in course: 34:28

Rank in category: 2(of 4)

Best time in the category: 35:40