



3. Schlaubetal-Marathon  
Eisenhüttenstadt / 17.10.2009

Detailed evaluation

**Mai, Joachim**

Club: Die Kammerläufer  
Number: 150

Course: 10.00 km  
10 km Lauf

Category:  
Männer M55

Total time: 54:22

Speed: 11.04 km/h  
Running performance: 5:26 min/km

Rank in course/Total: 42 (of 95)

Rank in course/Men: 34 (of 52)

Best time in course: 34:28

Rank in category: 5(of 6)

Best time in the category: 48:44