



3. Schlaubetal-Marathon
Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Mattke, Norbert

Club: LC Heckmann Eisenhüttenstadt
Number: 159

Course: 10.00 km
10 km Lauf

Category:
Männer M45

Total time: 56:40

Speed: 10.59 km/h
Running performance: 5:40 min/km

Rank in course/Total: 53 (of 95)

Rank in course/Men: 37 (of 52)

Best time in course: 34:28

Rank in category: 1(of 1)

Best time in the category: 56:40