



3. Schlaubetal-Marathon
Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Rücker, Sven

Club: Blau Weiß Ziltendorf
Number: 161

Course: 10.00 km
10 km Lauf

Category:
Männer M30

Total time: 1:02:11

Speed: 9.65 km/h
Running performance: 6:13 min/km

Rank in course/Total: 75 (of 95)

Rank in course/Men: 45 (of 52)

Best time in course: 34:28

Rank in category: 7(of 8)

Best time in the category: 35:25