



3. Schlaubetal-Marathon  
Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Schinkel, Lars

Club: Seelze  
Number: 191

Course: 10.00 km  
10 km Lauf

Category:  
Männer M35

Total time: 1:04:09

Speed: 9.35 km/h  
Running performance: 6:25 min/km

Rank in course/Total: 78 (of 95)

Rank in course/Men: 47 (of 52)

Best time in course: 34:28

Rank in category: 6(of 7)

Best time in the category: 41:32