



12. Internationaler Sondershäuser Kristall-Lauf  
Brügman-Schacht Sondershausen / 07.11.2009

Detailed evaluation

Litz, Hildegard

Club: AS Neukirchen-Vluyn  
Number: 258

Enduro E Bike

Category:

Frauen 50 bis 59 Jahre

Total time: 1:10:31

Speed: - km/h

Running performance: 7:03 min/km

Rank in course/Total: 306 (of 404)

Rank in course/Women: 48 (of 93)

Best time in course: 52:57

Rank in category: 11(of 19)

Best time in the category: 55:39