



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Stoffel, Volker

Club: Wyker Tb
Number: 377

Course: 42.20 km
Marathon

Category:
Männer M45

Total time: 3:56:23

Speed: 10.66 km/h
Running performance: 5:36 min/km

Rank in course/Total: 32 (of 292)

Rank in course/Men: 32 (of 267)

Best time in course: 3:13:29

Rank in category: 4(of 57)

Best time in the category: 3:37:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:13:36	5:53	19	14:11	104	19:44	12.50	1:13:36	5:53	34		28	5:21
Lap 2	10.55	58:57	5:35	7	3:57	41	11:11	23.05	2:12:33	5:45	33		34	0:55
Lap 3	10.55	56:51	5:23	2	8:32	11	8:32	33.60	3:09:24	5:38	28		27	36:27
Last lap Finish	8.60	46:59	5:27	2	4:19	20	10:19	42.20	3:56:23	5:36	7	45:22	44	2:53:06