



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Päge, Jörg

Club: Flughafen Dresden Werkfeuerwehr
Number: 247

Course: 42.20 km
Marathon

Category:
Männer M40

Total time: 3:58:15

Speed: 10.58 km/h
Running performance: 5:39 min/km

Rank in course/Total: 34 (of 292)

Rank in course/Men: 34 (of 267)

Best time in course: 3:13:29

Rank in category: 10(of 64)

Best time in the category: 3:25:37

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 12.50 | 1:10:30 | 5:38 | 15 | 15:48 | 64 | 16:38 | 12.50 | 1:10:30 | 5:38 | 43 | | 29 | 2:15 |
| Lap 2 | 10.55 | 58:32 | 5:32 | 6 | 8:56 | 36 | 10:46 | 23.05 | 2:09:02 | 5:35 | 41 | | 35 | |
| Lap 3 | 10.55 | 1:01:27 | 5:49 | 10 | 5:37 | 32 | 13:08 | 33.60 | 3:10:29 | 5:40 | 35 | | 29 | 37:32 |
| Last lap Finish | 8.60 | 47:46 | 5:33 | 10 | 7:07 | 26 | 11:06 | 42.20 | 3:58:15 | 5:38 | 13 | 2:54:58 | 46 | 2:54:58 |